

Atrium



Salon • Spa

Welcome to the Atrium Salon Spa. We are honored by your patronage. Our commitment is to exceed your highest expectations. Because we know how much your appearance and well-being can mean to the quality of your life, we are committed to excellence in servicing your complete salon and spa needs. Our staff is pleased to be your choice for hair styling, spa treatments and other services.

The Atrium is dedicated to the pursuit of balance and harmony. We have established a sanctuary where our guests can experience rejuvenating, and soothing services in a relaxing atmosphere. We offer all the pampering you would expect to find in a world-class spa.

Our staff members have all had advanced training, and are experts in their craft. We have a continuous education program to ensure our staff stays current on the latest developments in the spa industry. You may begin your experience with a complimentary consultation. This is a vital part of our service. We will listen carefully, answer your questions, and make specific recommendations concerning your personal needs.

When you enter the Atrium you will know you have arrived at a very special place where you will enjoy an exhilarating personal experience. Our services are designed to be therapeutic. We focus on your well-being by providing stress reducing and healing therapies.

We welcome your comments. If there is anything we can do to make your experience with us more enjoyable, please inform our service coordinator.

Come and experience the difference.

Sincerely,

Helen Brock

Founder, 1998



RELAX INDULGE
RENEW BEAUTY
Salon•Spa Packages 4

INVIGORATE
Hair Services 6

SOOTHE AROMA
Makeup Artistry 7

RELIEF PAMPER
Skin Care 8

REJUVENATE
Waxing Services 10

EXOTIC LIFESTYLE
Hand & Foot Therapies 11

PAMPER CREATE
Body Treatments 12

REVEAL THERAPY
Massage Therapy 14

ENJOY ULTIMATE
N O U R I S H

RESULTS YOUTH

WELL-BEING

RADIANT VITAL

L U X U R Y



SPA PACKAGES

Master the art of indulgence with a Spa Package that lets you escape the stress of daily life. We offer packages designed to renew the body, mind, and spirit.

ULTIMATE INDULGENCE

Indulge in endless pampering with the very best in body care. Your full day includes a stimulating Aromatherapy Salt Glow, Aromatherapy Body Massage, Customized High Performance Facial Treatment, relaxing Spa Manicure, soothing Spa Pedicure, and Designer Hairstyle. A catered lunch is also included.

A professional Makeup Application can be added to the Ultimate Indulgence to showcase your beauty.

FULL DAY OF BEAUTY

Enjoy a day that will exceed your expectations. Your spa experience includes head to toe beautifying treatments including a Relaxation Body Massage, Signature Spa Facial, Spa Manicure, Spa Pedicure, Designer Hairstyle, and Makeup Application. You will also be treated to a catered lunch.

METAMORPHOSIS

Give yourself a mini-vacation with the rest and relaxation of the Metamorphosis package. Begin your full day by restoring and revitalizing your body with an Aromatherapy Salt Glow, and Aromatic Seaweed Body Wrap. Next, reduce stress with the Relaxation Massage and pamper your skin with the customized Signature Spa Facial. Lastly, rejuvenate tired feet and hands with a Spa Manicure and Spa Pedicure. The Metamorphosis also includes a catered spa lunch.

DAY SPA RETREAT

Begin your day in total comfort, or end your day in relaxation with the Day Spa Retreat. Your four-hour spa treatment includes a Relaxation Body Massage, soothing Signature Spa Facial, Spa Manicure, and Spa Pedicure. This half-day retreat of uninterrupted relaxation is the perfect way to escape the demands of daily living.

SPA SAMPLER

Pamper yourself with a treatment from every spa specialty. Your three-hour spa experience includes the Fango Mud Body Wrap, Signature Spa Facial, and Spa Pedicure.

EXECUTIVE ESCAPE

Experience a spa package designed specifically for the busy executive. Book out half your day for a Signature Spa Facial, Deep Tissue Sport Massage, Sport Manicure, and Express Pedicure. You will leave feeling refreshed and renewed, with enough time left in the day for an important board meeting.

ESCAPE TO SERENITY

Melt away stress with this three-hour mini retreat including a Signature Spa Facial, softening Spa Manicure, and pampering Spa Pedicure. Escape to Serenity is the perfect package for head to toe pampering.

NEW IMAGE MAKE-OVER

Discover a new you after working with salon professionals in the New Image Make-Over. Be amazed with the impact of a new haircut, style, and professional make up application. See your best features enhanced, as our talented experts create an image that you and others will absolutely love.

HAIR SERVICES

HAIRCUTS

To ensure the best haircut for your lifestyle, you will be matched with artists who will consult with you and listen. Your salon expert will style your hair, and suggest products to keep your hair looking and feeling its very best.

DESIGNER HAIRCUTS

BLOW-DRY STYLES

SPECIAL OCCASION STYLES & UPDOS

WEDDING STYLES

TEXTURIZING

Enjoy our revolutionary waving innovations for ease of style. If you desire defined curl, extra body, or more volume, our experts will create a custom look designed just for you.

PERMANENT WAVE

SPIRAL PERM • PARTIAL PERM

RELAXING

COLOR SERVICES

Hair color is a glamorous way to add dimension and body to any hairstyle. Enhance your facial features and complement your skin tones with color services. Your options are virtually unlimited.

HAIRCOLOR TECHNIQUES

TINT • BLEACH • GLAZE

SEMI PERMANENT

CORRECTIVE COLOR *requires consultation and may require more than one service and/or appointment.*

TECHNIQUES WITH FOIL

FULL FOIL

TOUCH UPS

SURFACE

MULTICOLOR HIGHLIGHTS

CONDITIONING TREATMENTS

Protect and repair your hair with conditioning treatments. We custom blend our own treatments using the best professional products available. Your color and highlights take on a brighter, more refreshed look.

KERASTACE CONDITIONING TREATMENTS

LOREAL SERIE' EXPERT CONDITIONING TREATMENTS

REDKEN CHEMISTRY SYSTEM

MAKEUP ARTISTRY

MAKEUP

For weddings, special occasions, or seasonal changes, we offer professional makeup application and instruction. Discover the ideal colors for your personal skin tone. Whether you wear a little or a lot, makeup artistry is designed to enhance and reveal your most beautiful features. Let our artists help create the best image for you.

PROFESSIONAL MAKEUP APPLICATION

MAKEUP LESSON WITH FACE CHART

SPECIAL OCCASION MAKEUP

LASH AND BROW TINTING



SKIN CARE

SIGNATURE SPA FACIAL

Designed for absolute relaxation, this facial leaves you feeling refreshed and restored. Essential oils stimulate your senses and leave your skin feeling soft and radiant, while a customized masque replenishes moisture. Balance is restored to your body and mind with a relaxing décolleté and shoulder massage.

CLARIFYING FACIAL

This intensive treatment removes pore blockage, deeply cleanses the skin, and effectively treats breakouts. Our acne treatment masque helps eliminate existing blemishes and control future problems by balancing the oil glands. *To restore skin to optimum condition, we recommend consulting with our aestheticians about a treatment program.*

BACK REFINEMENT FACIAL

Dedicated to beauty and purification, this treatment draws out impurities and thoroughly cleanses. Your back is exfoliated, deeply cleansed, and masked to produce visible results. This treatment is both relaxing and enjoyable.

DE-STRESS EYE TREATMENT

The De-Stress Eye Treatment uses a pure concentrate to lessen the appearance of wrinkles and fine lines. Freeze-dried ginkgo biloba works to reduce puffiness and relieve tired eyes.

YOUTHFUL LIPS SMOOTHING TREATMENT

Beautify and smooth your lip's contour with the Youthful Lips Smoothing Treatment. You will see visible results as your lips are rejuvenated and wrinkles are diminished.

MICRODERMABRASION FACIAL TREATMENTS

The microdermabrasion is a non-aggressive procedure performed to remove impurities without the use of harsh chemicals. The skin's natural process of epidermal cell regeneration is expedited improving skin texture and tone. This treatment is ideal for reducing scars and fine lines. *Most people see dramatic results in just one treatment, however, for optimal results we recommend a treatment program.*

ADVANCED FACIAL TREATMENTS

RS2 ROSACEA MASQUE

This masque is designed to soothe traumatized skin. Abundant with licorice, green tea, and seaweed this treatment delivers exceptional results for people suffering from skin circulatory problems such as rosacea and couperose. In addition to decreasing redness, your skin is left feeling cool, hydrated, and refreshed.

ANTI AGING

Blending stabilized Vitamin 'C' with pure, freeze-dried seaweed, this treatment leaves your skin smooth, bright, and glowing. You will see a reduction in fine lines, strengthened elasticity, countered sun damage, and a youthful appearance; rendering the skin nothing but luminous!

RENEWAL RADIANCE

This cool, gentle mask; soothes, heals, strengthens, and hydrates your skin. Your skin is tightened and refreshed to create a healthy glow. Designed to restore the skin's natural beauty, the Renewal Radiance is recommended for brides-to-be and those who desire a radiant change.

ANTI-FREE RADICALS MASQUE

Delightfully scented with lavender oil this masque changes from warm and soothing, to a refreshing chill. The temperature change increases the absorbency of active ingredients in the masque. The anti-free radicals and micronized vitamins stimulate a tightened and refreshed appearance to the skin

HIGH PERFORMANCE TREATMENTS

Give your skin the gift of youth and renewed radiance with a unique facial treatment. Dramatically improve wrinkles, elasticity, dilated pores, hyper-pigmentation, dehydration or stressed eye contour with a high performance treatment. *An aesthetician will consult with you to determine the most appropriate treatment.*

Youth Recovery (*with consultation only*)

Maximum Refinement

Lactic Peel

Collagen Facial Treatment

Elastin Facial Treatment

WAXING SERVICES

BROW SHAPING

LIP

CHIN

JAWLINE

ARMS

UNDERARMS

LOWER LEG

UPPER LEG

FULL LEG

BIKINI/EXTENDED BIKINI

BACK

WAXING RECOMMENDATIONS

We regret that we cannot perform waxing service on clients taking Accutane, Retin-A or antibiotics, due to increased sensitivity while taking these products.

Hair growth must be approximately ¼ inch in length, or 4 to 6 weeks of hair growth, to receive waxing services.

After waxing, please allow 24 hours before sun bathing or using a tanning bed. Newly waxed skin is more sensitive to the sun and will burn easily.

If you are planning a vacation to a sunny destination or preparing for a special occasion, we recommend that you schedule your waxing services 3 to 5 days before your departure or event.

We do not provide Brazilian Waxing services.

SPA HAND NAIL & FOOT CARE

SPA MANICURE

The Spa Manicure offers all the features of the classic manicure, a revitalizing citrus soak, exfoliating scrub, paraffin hand therapy, and a therapeutic hand massage to soften and moisturize your skin.

EXPRESS MANICURE

The Express Manicure is the perfect service to maintain beautiful hands and nails. Your manicurist shapes your nails and trims your cuticles, then completes the manicure with a buff or color finish.

SPORTS MANICURE

In the Sports Manicure your nails are shaped and your cuticles are trimmed, creating a clean polished look without the polish.

NAIL ENHANCEMENTS

NAIL SET (*acrylic, fiberglass or gel*) FILL

PINK & WHITE SET PINK & WHITE FILL

PINK & WHITE FILL *with Back fill*

NAIL REPAIR

NAIL REMOVAL *includes Classic Manicure*

ULTIMATE LEG AND FOOT THERAPY

Nothing feels better than the total relaxation of the “Ultimate Leg and Foot Therapy.” A raw earth exfoliant is gently massaged from knee to toes. This preps the skin for bathing in the ultra hydrating masque. Every ache or pain is swept away with an intense massage. The feet are groomed and buffed. Lastly, your choice of polish is applied if desired.

SIGNATURE SPA PEDICURE

Relax while your feet receive ultimate pampering by our experts. In the Signature Spa Pedicure a foot peel is applied from the ankles to the toes to make the skin feel silky smooth. Your feet are then masqued, massaged, groomed, and buffed or polished. The Signature Spa Pedicure dramatically improves the condition of your feet.

SPA PEDICURE

Treat your tired feet to the pampering of our soothing Spa Pedicure. Receive all the features of the Classic Pedicure, a soothing paraffin treatment, and a relaxing foot massage.

EXPRESS PEDICURE

The Express Pedicure is designed for men or women to maintain a naturally groomed appearance. Your cuticles are trimmed, and then your toenails are shaped and buffed or polished.

SPA BODY CARE

BODY THERAPIES

BODY WRAPS

We welcome you to relax and enjoy the benefits of our spa body wraps. Choose a therapy that will relieve aches and pains, detoxify and energize the body, or tone and tighten the skin.

FANGO MUD WRAP

The Fango Mud Wrap is designed to relieve aches and pains and eliminate chronic fatigue. It is enhanced with the essential oils—orange, lemon, sandalwood, and lavender—which decongest, heal, and soothe your body. Experience the Fango Wrap and increase your sense of wellness and relaxation.

AROMATIC SEAWEED WRAP

The Aromatic Seaweed Wrap is a gift from the sea. Rich in ocean nutrients, this wrap detoxifies and energizes the body. A nourishing blend of algae and seaweed encourage body tissue detoxification and allow vital nutrients to absorb into the skin.

GREEN COFFEE WRAP

The latest wrap in cellulite therapy. This wrap stimulates circulation to breakdown fat pockets, dramatically reducing spongy areas on the body. The Green Coffee Wrap leaves you feeling healthy and revitalized.

BODY TREATMENTS

AROMATHERAPY SALT GLOW

Feel stress melt away as your skin is gently massaged using a blend of aromatic sea salts, mineral salts, and essential oils. The salt glow removes impurities and dead skin cells to bring your skin back to its youthful radiance.

ANTI-STRESS BACK TREATMENT

The Anti-Stress Back Treatment uses aromatic mud to relieve stress, sore muscles, aches, and pains on the back, neck, and shoulders. A back massage with anti-stress massage oil relieves tension and soothes your back.

HYDROTHERAPY

HEALING WATERS

Based on ancient traditions of relaxation and rejuvenation, our Aroma Bath Escapes offer respite and repose. Immerse yourself in our private hydrotherapy tub and allow your body and mind to float tranquilly in our therapeutic waters. This is an excellent way to start your spa day.

Choose from one of the following bath additives:

Aromatherapy “Purifying”

Aromatherapy “Anti-Stress”

Aromatherapy “Seaweed”

HYDROTHERAPY MASSAGE

Immerse yourself in our luxurious European Hydrotherapy Tub and experience a massage like no other. The hydro tub treatment custom blends essential oils in a 75-jet bath to stimulate your body and senses. Our expert technician performs an underwater massage using a high-powered water wand to soothe muscle tension, stimulate circulation, and improve muscle tone. This treatment is excellent for individuals experiencing arthritis, circulatory problems, sports injuries, and pre/post liposuction.



MASSAGE THERAPY

Experience ultimate relaxation and well-being as our skilled therapist guides you to a room filled with soothing sounds and pleasing aroma. Soft linens welcome you to relax and enjoy the tranquil surroundings.

RELAXATION MASSAGE

Surrender to the luxury of a Swedish full body massage combining medium pressure and traditional long strokes for complete relaxation.

AROMATHERAPY MASSAGE

Using a variety of techniques, this massage increases circulation and enhances relaxation through the combination of scent and touch.

DEEP TISSUE MASSAGE

The Deep Tissue Massage is designed for individuals wanting more detailed bodywork on specific muscle groups. This massage provides wonderful relief for stress-related tension.

HOT STONE MASSAGE

Basalt stones are incorporated into a massage creating deep tissue relaxation due to heat transferring to the muscle tissue.

MATERNITY MASSAGE

Expecting mothers can enjoy a stress-relieving massage specially tailored to cradle and stabilize mother and baby.

REFLEXOLOGY

Reflexology manipulates specific trigger points located in the feet and hands corresponding to various organs and muscles. Reflexology brings balance and serenity to the mind and body.

BACK NECK AND SHOULDERS

This relaxing back, neck, and shoulder massage is perfect for quick relief from everyday stress. Concentrating on these exact areas it relieves pains from long commutes, working at the computer or lifting sometimes not so small children.

CANCELLATION POLICY

If you need to reschedule or cancel an appointment, we request a 24-hour notice. Clients who do not honor their appointments will be charged a cancellation fee as follows:

More than 24-hour notice: Package will be cancelled without charge.

Less than 24-hour notice: 50% of the package price.

Failure to show: The entire package or service price.

SCHEDULING

To ensure your desired appointment time, we recommend you reserve your next service prior to leaving the salon. Please be advised weekend appointments are typically reserved 4-8 weeks in advance. Weekday appointments can usually be accommodated in 2-3 weeks.

FOR YOUR PEACE OF MIND

Your spa services are designed to be relaxing and therapeutic. To allow yourself time to change and relax, we recommend you arrive 15 minutes prior to your spa service. A late arrival may result in a shorter service or rescheduled appointment.

FOR YOUR COMFORT

Robes, towels, slippers, and shower facilities are available during your spa visit. Garment bags will be available for your personal belongings, however, we are not responsible for lost or stolen items. Please refrain from wearing valuable jewelry to skin and body care services.



6851 Douglas Boulevard
Granite Bay, CA
(916) 791-8585

